

Self- Determination

Golden Gate
Self-Advocacy Conference
September 22nd, 2015
Gabriel Rogin and
Jennifer Walsh

What is it?

**Is it Right for
Me?**

Huge Change to Law



A New Option



Regular RC Services



RC



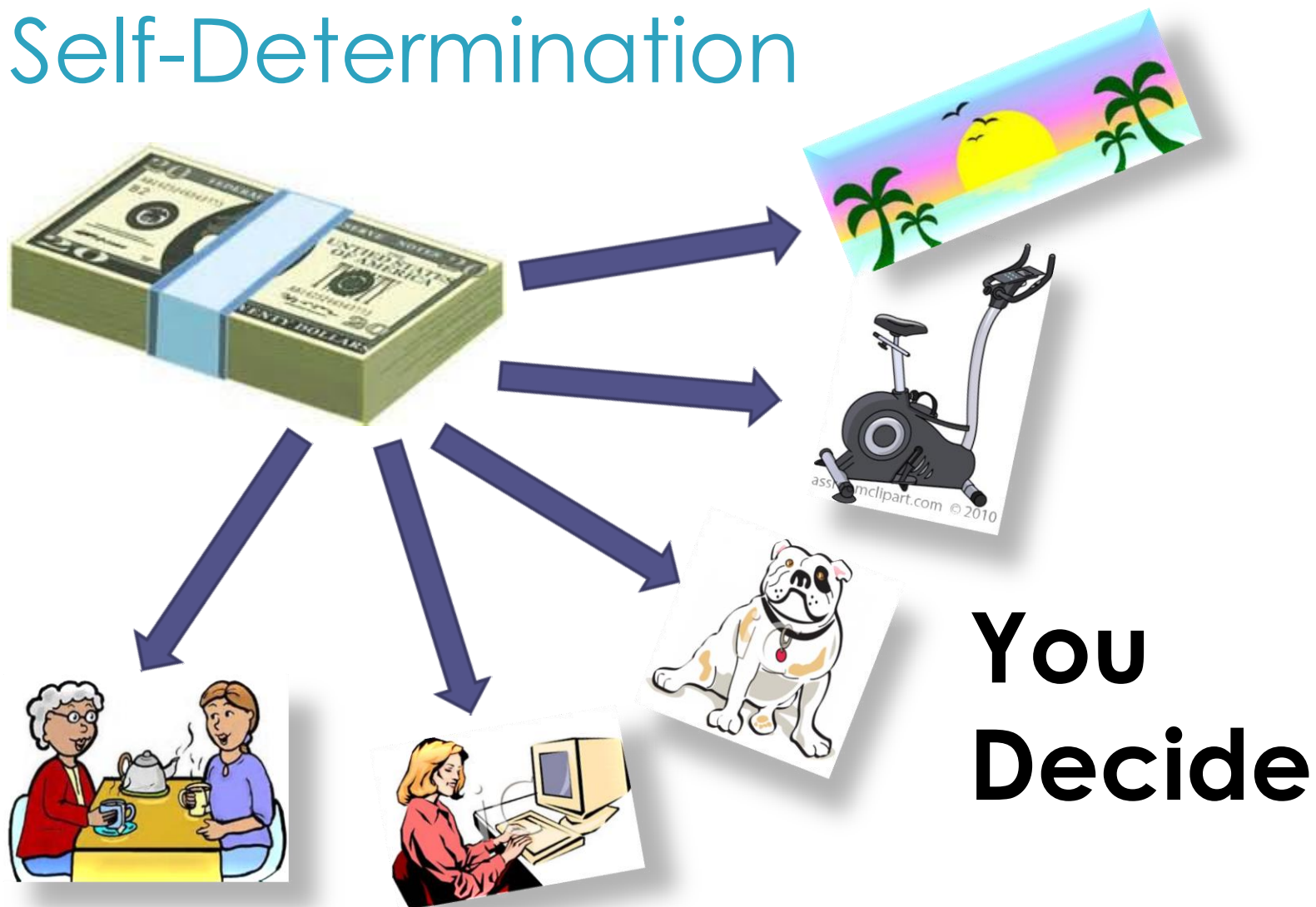
YES



NO



Self-Determination



The Five Principles

5

Of Self-Determination

Principle 1: FREEDOM



For You to make CHOICES

Principle 2: AUTHORITY



Over DECISIONS and MONEY

Principle 3: SUPPORT



From ALLIES to get what you need

Principle 4: RESPONSIBILITY



You are responsible, not others

Principle 5: CONFIRMATION



You make the system work better

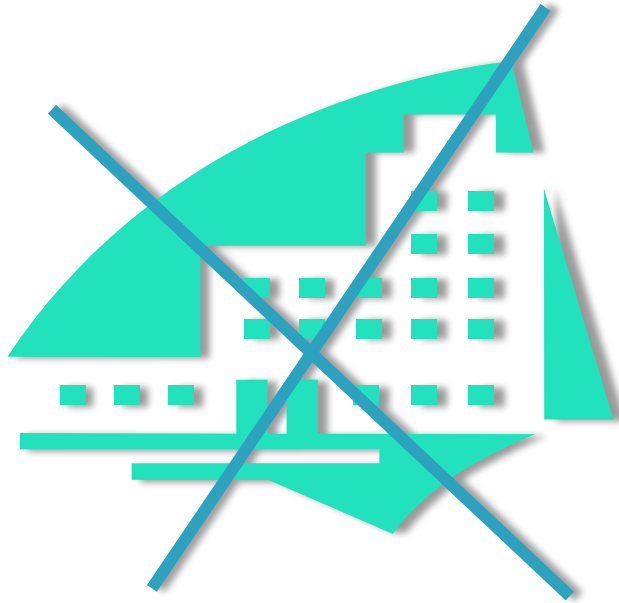
Who is Eligible?



- Eligible for Regional Center services
- At least 3 years old
- Living at home or in the community

Not eligible if...

You live at a Developmental Center or Intermediate Care Facility (ICF)



Your Team

- YOU
 - Make Decisions
 - Have Authority
 - Take Responsibility



Your Team: The Facilitator

- Helps You
 - Sort out your plan
 - Find services
- **OPTIONAL**



Your Team: Fiscal Management Service

- **REQUIRED**

- Pays bills for your plan
- Does background checks



Other Members



- Your Regional Center Service Coordinator
- Anyone else you want to help you!

Your Budget

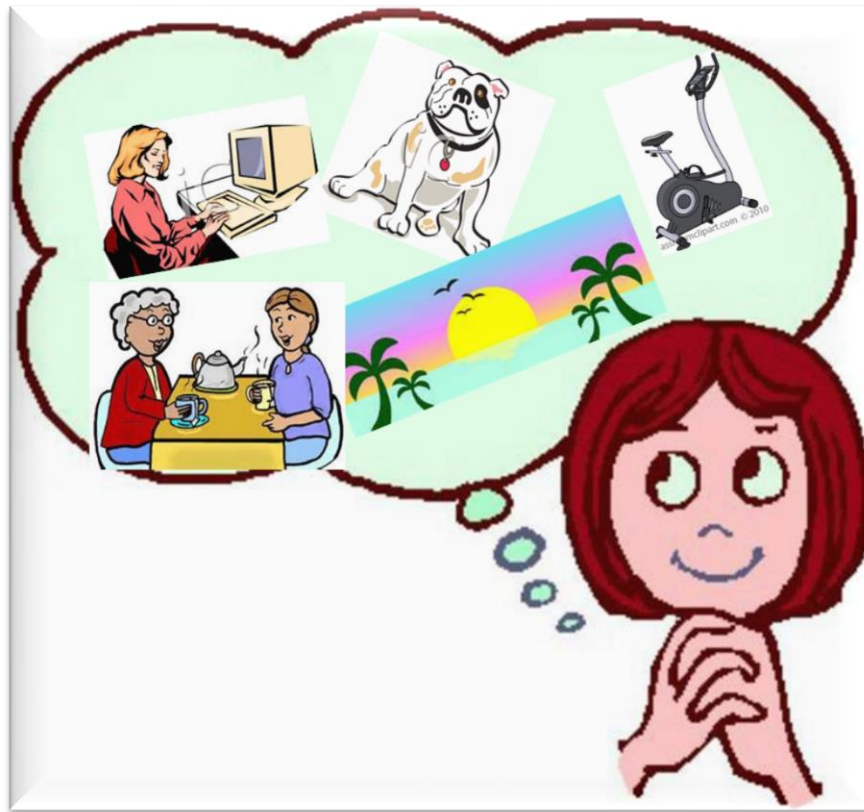
Your SD Budget

=



Spent for your
services in the **last
12 Months**

Your Plan



SHOULD INCLUDE:

- What you want
- What you need
- Hopes and dreams
- **Everything important to you**

Your Plan: Big to Small



Your Plan: Assign Money

- Assign money for each part of the plan



\$5,000 for employment



\$8,000 for supported living



\$800 for exercise equipment

Put your Plan into Action

- Hire Service Providers
- Purchase what you need
- Find resources



Put your Plan into Action: Get Help

- ◉ **Who can help find what you need?**
 - ◉ Facilitator
 - ◉ RC Service Coordinator
 - ◉ Family and Friends



Put your Plan into Action: Interviews



- You Interview people
- You decide who you like

Put Your Plan into Action: Background Check

- The Fiscal Manager does background checks



Put Your Plan into Action: Hire



- Agree on a contract
- Start Services!

And Finally...

**Are you READY to take on
the RESPONSIBILITY??**





Any Questions?